

Creating an Authentic Life

An event brought to you by women... for women with
Sharon Papike...Carolyn Gross...Susan Shofner

Join us for a day to cultivate and create a more authentic life.
This special event will help you be more **awake**, **aware** and **alive**.
Learn strategies to have more passion and purpose in your everyday expression.
How far would you travel for a better life?

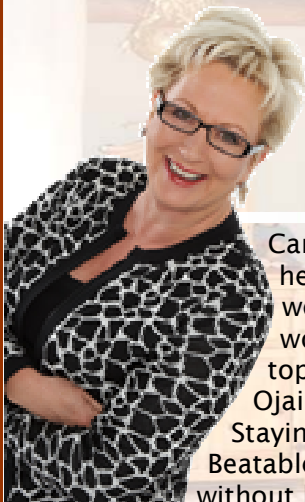
After this event, you will have stories to share as if you went on a trip.
Be prepared to travel together as we celebrate a woman's purpose
and allow ourselves to be catalysts for more authentic moments.

After falling into the fashion industry 25 years ago, Sharon Papike has enjoyed women from the outside in, and inside out. Creativity drives her passion to dress "real women" like herself. Sharon uses her fashions to help women navigate this course and bring the joy of individuality and creativity to the forefront. Sharon is known throughout the San Diego community for her lovely and unique fashions, fund raiser fashion shows for women's groups, and staying true to her authentic nature.



Sharon Papike
www.PapikePeople.com

Carolyn Gross is an award winning speaker, author, health advocate and facilitator who has spoken at women's conferences nationwide. Her passion is women's wellness and she is a frequent presenter at top-rated spas like: Golden Door, Rancho La Puerta, Ojai Valley Inn and Hilton Waikola. Her books include *Staying Calm in the Midst of Chaos* and *Treatable and Beatable*. Carolyn's passion is helping people succeed without losing their relationships, health or sanity!



Carolyn Gross
www.CreativeLifeSolutions.com

As a fitness professional and wellness maven of 30 years, Susan Shofner inspires, motivates, and connects women to movement and healthy living. With passion and enthusiasm she pulls the best from her students and encourages living an authentic life. Susan truly believes that bringing women together creates the synergy for greatness.



Susan Shofner
www.JazzerciseCajon.com

- **Saturday, May 1, 2010 from 11AM-3PM or ??**
- **Tickets are \$59**, contact Susan @ **(619)741-1310** or **jazysue1@yahoo.com**
- Location: Sharon's home
14695 Chaparral Slope Rd., Jamul, CA 91935
Call **(619)669-2930** for further details
Park in school parking lot and shuttle to the house
- Light lunch, Speakers, Fashion, Creativity, Fun, Environmental Beauty and Authenticity.
- Directions: Jamacha to 94 East | Left Lyons Valley Rd. | Right @ 3-way-stop | Right into 2nd parking lot at school on your right.

